



‘येथे बहुतांचे हित ।’

Marathwada Mitramandal's
COLLEGE OF ENGINEERING

S.No.18, Plot No.5/3, Karvenagar, Pune-411 052

Accredited with 'A' Grade by NAAC

Accredited by NBA (Electrical and Mechanical Engg. Department)

Recipient of 'Best College Award 2019' of SPPU

Recognized under section 2(f) and 12B of UGC Act 1956

Criterion 5

5.3.2 Average number of sports and cultural programs in which students of the Institution participated during last five years (organized by the institution/other institutions)

5.3.2.1. Number of sports and cultural programs in which students of the Institution participated year wise during last five years

Sr. No	Date of event/activity	Name of the event/activity	Page No
1	21/06/2021	7TH INTERNATIONAL DAY OF YOGA	<u>2</u>
2	1/12/2021-2/12/2021	SAVITRIBAI PHULE, PUNE UNIVERSITY INTER-ZONAL MALLAKHAMB & GYMNASTICS COMPETITION	<u>6</u>
3	27/11/2021	SAVITRIBAI PHULE,PUNE UNIVERSITY,PUNE CITY ZONE INTER-COLLEGIATE MALLAKHAMB (MEN & WOMEN) COMPETITION	<u>11</u>
4	16/9/2021-22/9/2021	3K STEP CHALLENGE	<u>16</u>
5	28/9/2021-4/10/2021	5K / 7K STEP CHALLENGE	<u>20</u>
6	11/10/2021-17/10/2021	10K STEP CHALLENGE	<u>24</u>
7	04/12/2021	INTERCOLLEGIATE TABLE TENNIS(MEN)	<u>28</u>
8	04/12/2021 - 05/12/2021	INTERCOLLEGIATE TABLE TENNIS(WOMEN)	<u>29</u>
9	27/12/2021 - 31/12/2021	INTERCOLLEGIATE CHESS(MEN)	<u>30</u>

Link for the Sports Activities

<https://www.mmcoe.edu.in/index.php/students-corner/extra-curricular-events/sports>



Sports Committee Report on 7th International Day of Yoga, 21st June 2021

The Sports committee of MMCOE celebrated 7th International Day of Yoga on 21st June 2021, As per the instruction received from SPPU and an Initiation of our Hon. Prime Minister Narendra Modi with great zeal and dedication. 21st June was declared as International Day of Yoga by United Nations General Assembly on 11th December 2014. The Sports committee of MMCOE, under the guidance of Principal Dr.S.M Deshpande and Dr.V.R Deulgaonkar Dean, Student Affairs planned to celebrate this day.

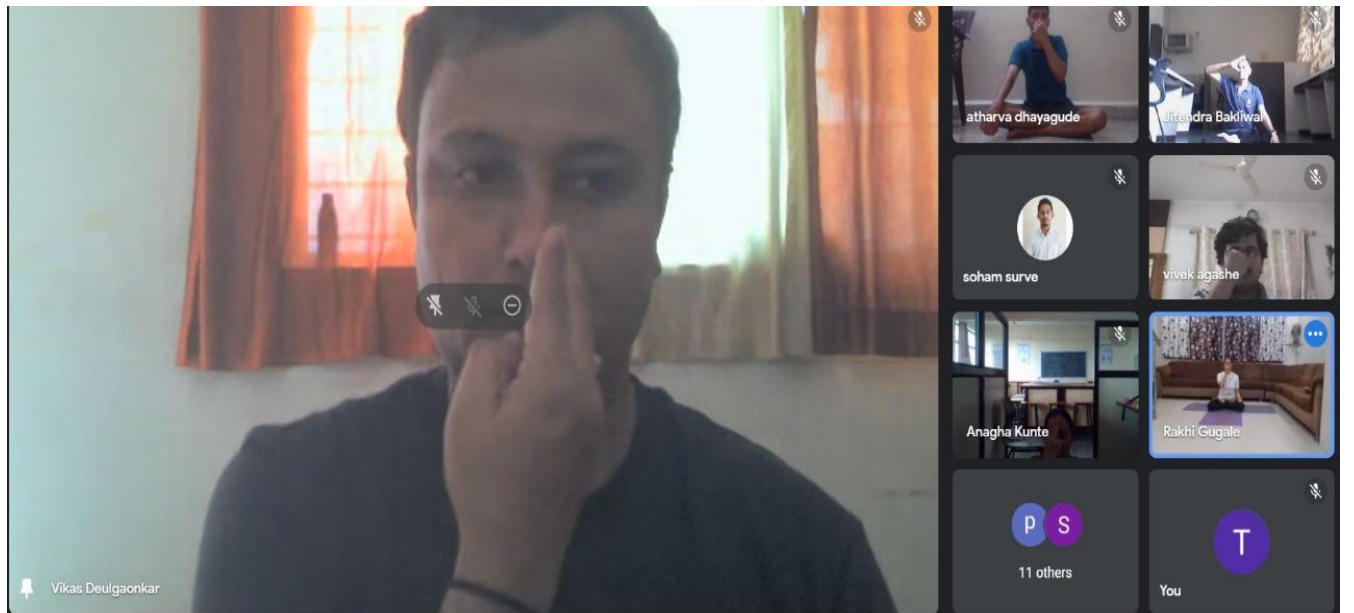
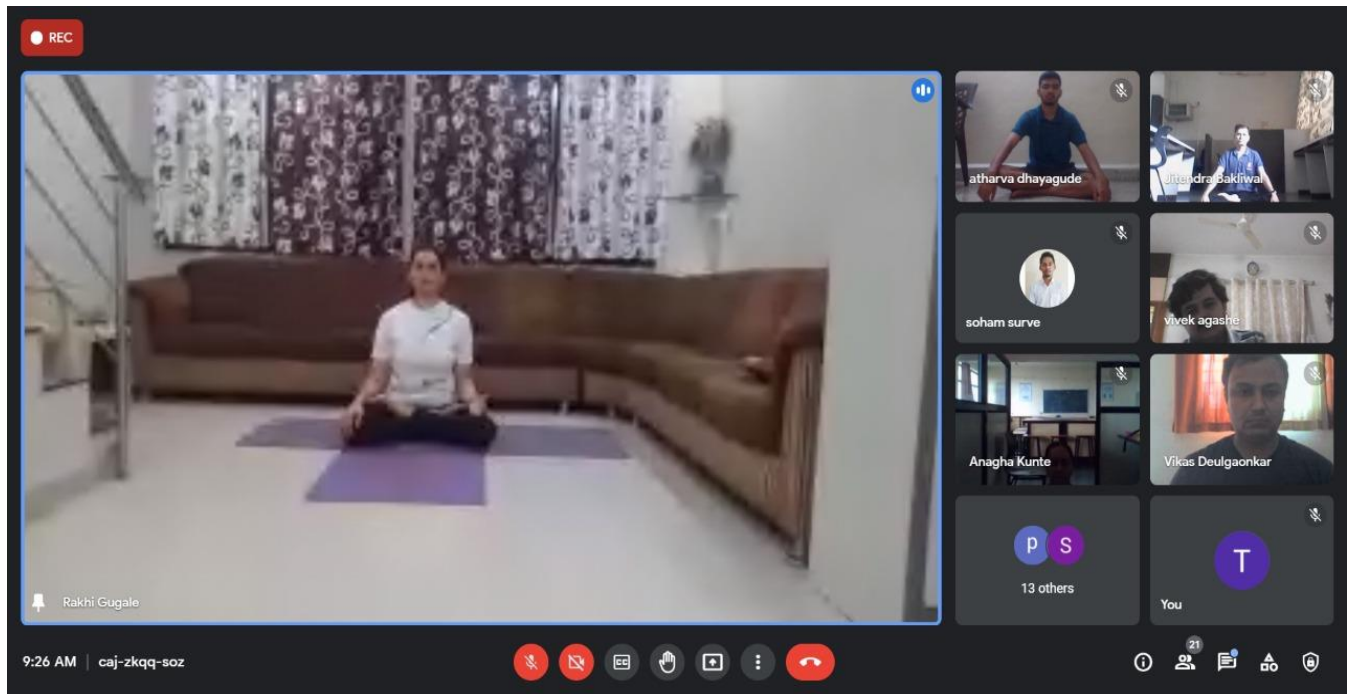
Theme of 7th International Day of Yoga 2021 was - "Be with Yoga, Be at Home".

As per above theme Mrs.Rakhi Gugale a renowned Yoga practitioner was invited to teach online Yoga to our college staff and students.

Mrs. Rakhi Gugale initially shared her views on necessity to regularly Yoga practice and its benefits for a healthy living. She then started with prayer mentioned in Yoga Protocol, around 30 participants moved along with the instruction of Mrs.Rakhi Gugale . The practice comprised of different Sitting Standing ,Prone Asnas, Supine Asnas, Pranayama and chanting of omkara etc. Also accompanied with their benefits for the human body.

The online yoga session concluded after 60 Minutes. feedback form regarding the organization of 7th International Day of Yoga programme had sent on participants email id and all the participants awarded with e certificate after the feedback.

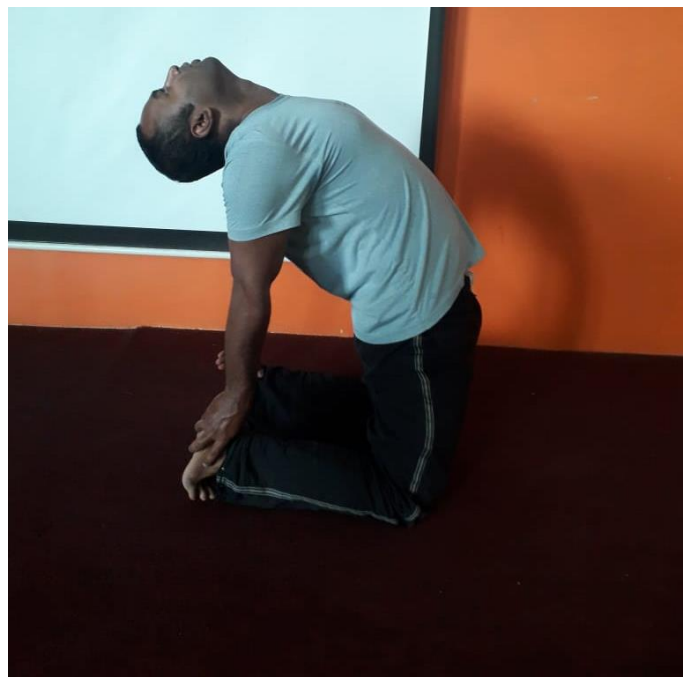
Photographs of 7th International Day of Yoga



Photographs of 7th International Day of Yoga



Photographs of 7th International Day of Yoga



Savitribai Phule, Pune University
Inter-Zonal Mallakhamb & Gymnastics Competition
2021-2022 Report

The Sports Committee of MMCOE has organized Savitribai Phule, Pune University Inter-Zonal Mallakhamb (Men & Women), Artistic Gymnastics (Men and Women) and Rhythmic Gymnastics (Women) competition on 1st December 2021 and 2nd December 2021. Total 04 Teams from various zones like Pune City, Pune District, Ahmednagar and Nasik were participated in this competition.


Mr. Satyajeet Shinde (Shree Shiv Chhatrapati Awardee, Mallakhamb) was the Chief Guest of the programme,

Dr.S.M Deshpande (Principal, MMCOE) , Dr. V.R. Deulgaonkar (Dean, Student Affairs), Dr.M.R. Gaikwad (Vice-President Pune City Zonal Sports Committee), Mr.Manohar Kunjir (Section Officer, Savitribai Phule, Pune University, Board of Sports), Saurabh Kokate, Nishtha Shah, Madhura Tambe, Ajit Jarande, Bhausahab Thorat (selection committee members) Prof.Umesh Bibave (Treasurer, Pune City Zonal Sports Committee), team managers of all four zones and Prof.Tushar Gujar (Organizing Secretary, Inter-Zonal TT Competition) were present for Opening ceremony function.

Savitribai Phule, Pune University Inter-Zonal Mallakhamb (Men & Women), Artistic Gymnastics (Men and Women) and Rhythmic Gymnastics (Women) competition was successfully carried out under the guidance of Dr.S.M. Deshpande and Dean Student Affairs Dr.Vikas Deulgaonkar and with the help of all sports committee members.


Prof. Tushar Gujar
Director of Phy.Edu


Dr. V.R. Deulgaonkar
Dean, Student Affairs


Dr.S.M. Deshpande
Principal



**Savitribal Phule,Pune University,
Inter-Zonal Mallakhamb & Gymnastics (Men and Women) Competition
2021-2022**



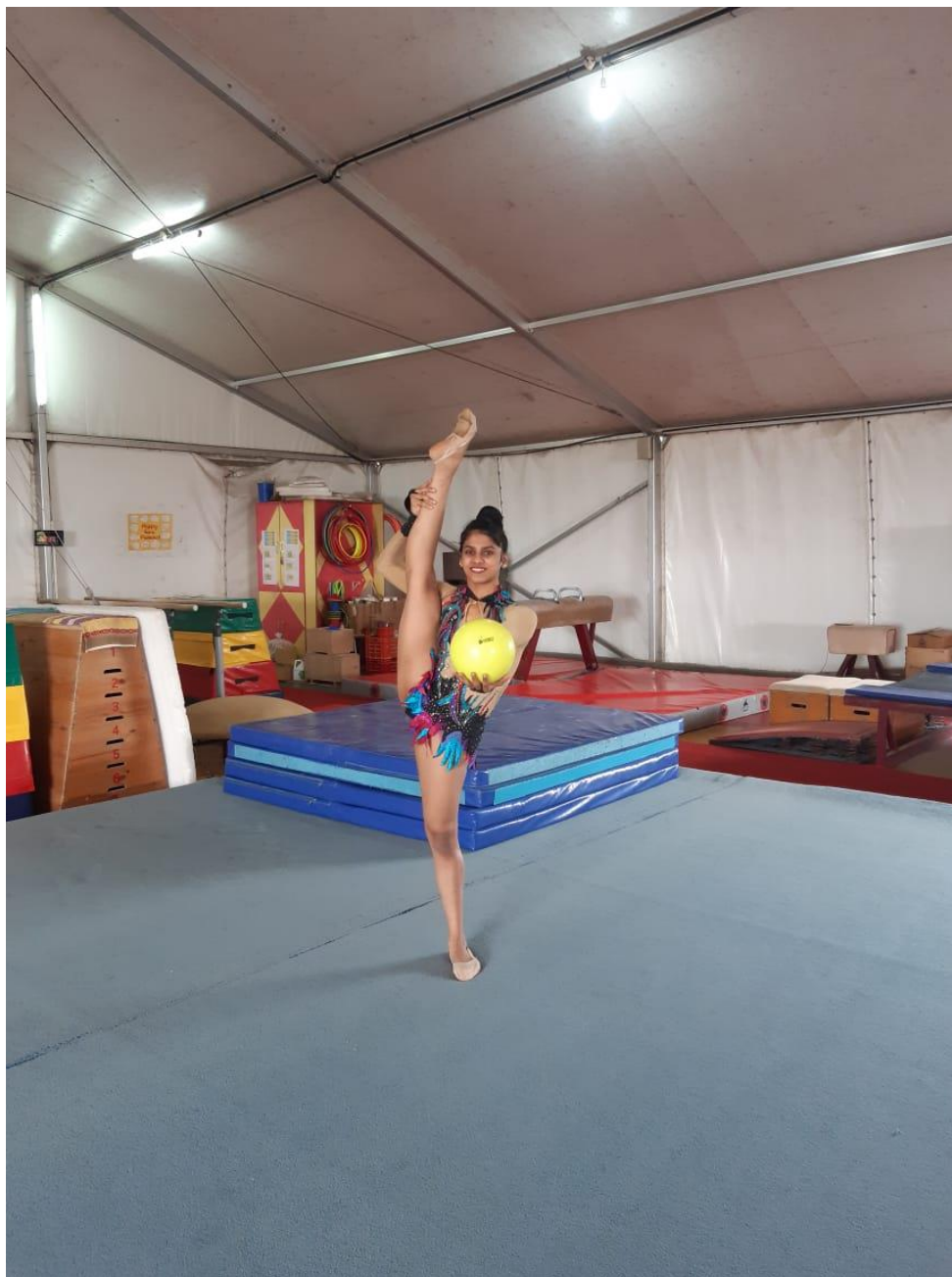
Felicitation of Chief Guest Mr. Satyajeet Shinde (Shree shiv chhatrapati awardee in Mallakhamb) by Dr.S.M. Deshpande (Principal,MMCOE)



**Savitribal Phule,Pune University,
Inter-Zonal Mallakhamb & Gymnastics (Men and Women) Competition
2021-2022**



**Savitribal Phule,Pune University,
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**Savitribal Phule,Pune University,
Inter-Zonal Mallakhamb & Gymnastics (Men and Women) Competition
2021-2022**



Savitribai Phule,Pune University,Pune City Zone
Inter-Collegiate Mallakhamb (Men & Women) Competition
2021-2022

Report

The Sports Committee of MMCOE has organized Savitribai Phule,Pune University,Pune City Zone Inter-Collegiate Mallakhamb (Men & Women) competition on 27th November 2021 at Lokseva e-School, Pashan sus road ,Pune.

Ms. Nivedita Madakikar (Director, Lokseva e-School) was the Chief Guest of the programme,

Mr.Vivek Sable (Secretary, Mallakhamb federation of Japan), Dr.Umesh Bibave (Treasurer,Pune City Zonal Sports Committee), Prof. Abhijeet Parse (Selection committee member), Mr. Pankaj Shinde (Chhatrapati Awardee and National Referee, Mallakhamb), Mr. Mohan Zunjepatil (Technical Committee Chairman, MAMA) and Prof.Tushar Gujar (Organizing Secretary,Inter-Collegiate Mallakhamb Competition) were present for Opening ceremony function.

Result of the competition


Mallakhamb (Men)

Sr.No	Name of the Player	College Name	Rank
1.	Shubhankar Khawale	Garware College of Commerce	First
2.	Vaibhav Gadhave	Fergusson College	Second
3.	Omkar Kabule	S.P. College	Third


Mallakhamb (Women)

Sr.No	Name of the Player	College Name	Rank
1.	Neha Kshirsagar	AISSMS IOIT	First
2.	Ruchita Herlekar	Cummins College	Second
3.	Anisha Mijar	VIIT	Third

Savitribal Phule, Pune University Inter-Collegiate Mallakhamb (Men and Women) competition was successfully carried out under the guidance of Dr.S.M. Deshpande and Dean Student Affairs Dr.Vikas Deulgaonkar and with the help of all sports committee members.


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Director of Phy.Edu


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Dean, Student Affairs


Dr. S.M. Deshpande
Principal



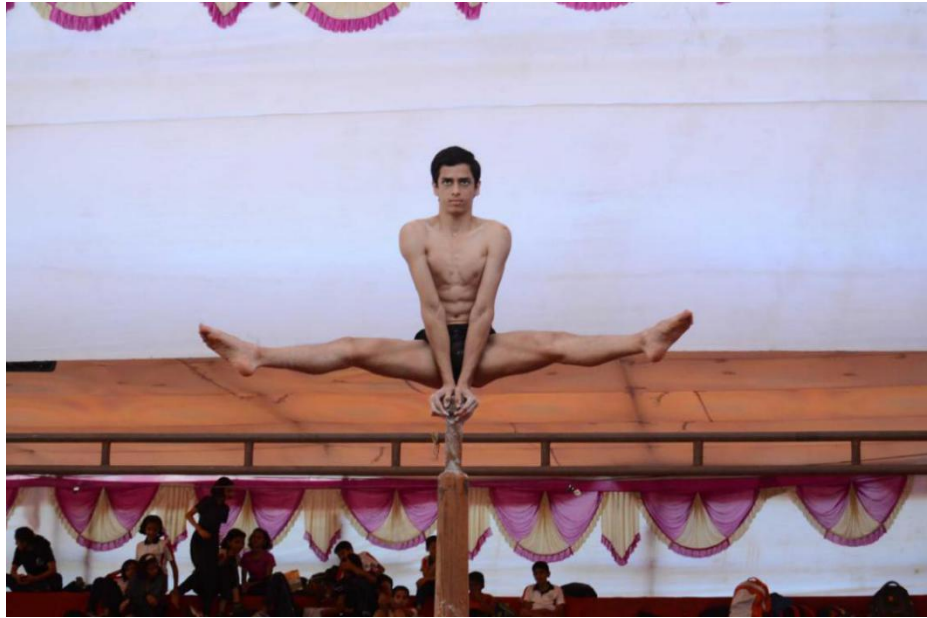
**Savitribal Phule,Pune University, Pune City Zone
Inter-Collegiate Mallakhamb (Men & Women) 2021-2022**



**Savitribal Phule, Pune University, Pune City Zone
Inter-Collegiate Mallakhamb (Men & Women) 2021-2022**



**Savitribal Phule,Pune University, Pune City Zone
Inter-Collegiate Mallakhamb (Men & Women) 2021-2022**





Sports Committee Report on 3K Step Challenge


The Fit India Movement is a movement to take the nation on a path of fitness and wellness. It provides a unique and exciting opportunity to work towards a healthier India. As part of the movement, individuals and organisations undertake various efforts for their own health and well-being as well as for the health and well-being of fellow Indians.

MMCOE has organized **3K Step Challenge** from 16th September 2021 to 22nd September 2021 Under the guidance of Principal Dr.S.M Deshpande and Dr.V.R Deulgaonkar Dean, Student Affairs on above dates.

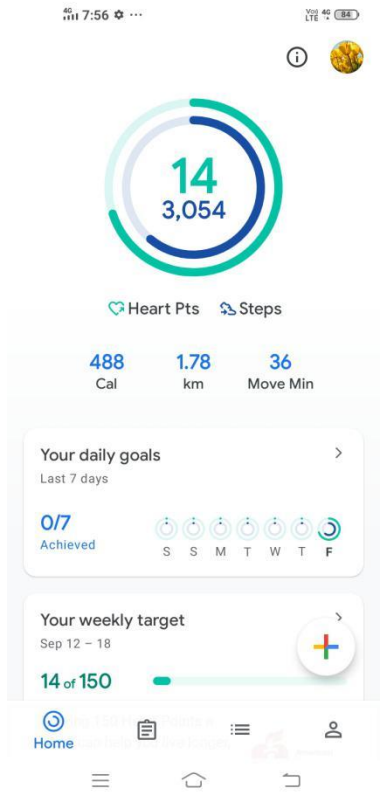
As a part of this movement we have categorised the Run/Walk challenge in 3000 Steps category and all the participants was instructed to use Google Fit ,Strava App or any other trakking app to measure the Run/Walk steps. After the Run/Walk all the participants uploaded the screenshot of setps covered using trakking app on Google form. Total 17 participants participated in the above event and All the participants are awarded with E- certificate after successfully uploading the Image on Google form.


Prof. Tushar Gujar
Director of Phy.Edu

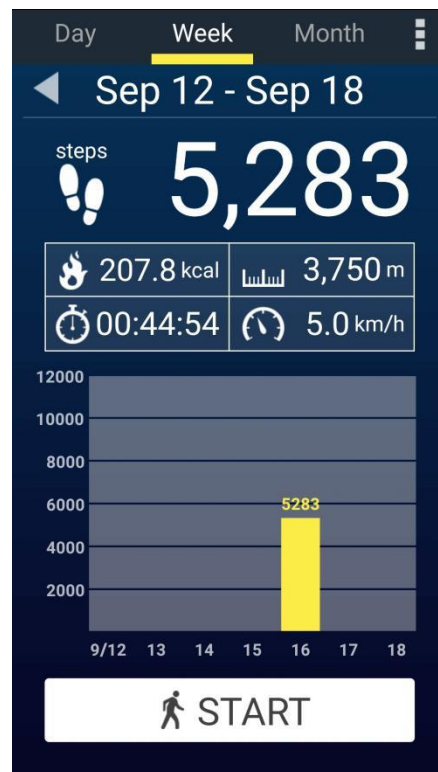
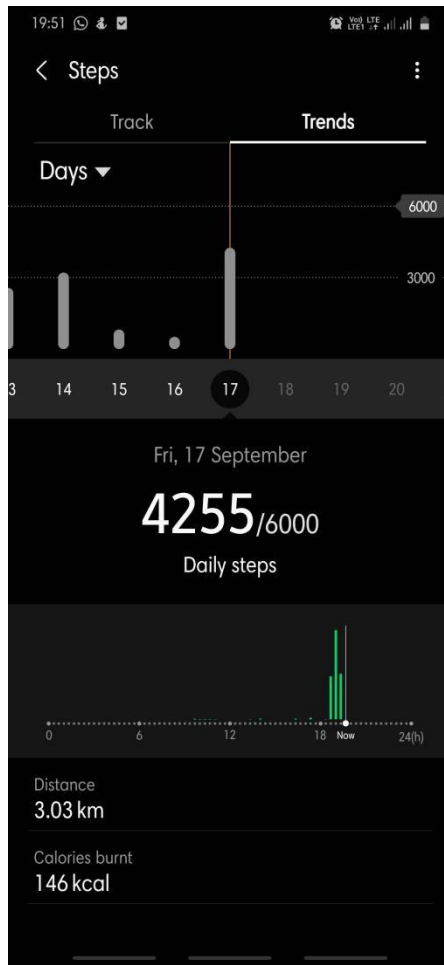

Dr. V.R. Deulgaonkar
Dean, Student Affairs


Dr. S.M. Deshpande
Principal





Photographs of 3K Step Challenge



Photographs of 3K Step Challenge

Early morning run

September 19, 5:54 – 6:16 AM

41 3,235

You stepped it up a gear!

Active time 22m 02s

Distance 3.58 km

Energy expended 274 Cal

Move Minutes 22

Pace 6:10/km (average)

2:45



0s 5m 10m 15m 20m



10:54 [Icons] 4G 53%

Daily exercise report

2021-09-20

Steps: 4484

4426 - 99% 58 - 1%

Slow walking Brisk walking

Distance: 3.36 km Calories: 135 Kcal

Mon	Tue	Wed	Thu	Fri	Sat	Sun
20	21	22	23	24	25	26

Today's running record

Distance: 0.00 km Calories: 0 Kcal Time: 00:00:00

Amount of aerobic exercise suggested by the WHO

This week's target: 150 mins (149m35s remaining)

Brisk walking: 25 s

Running: 0 mins

0% 25 s


Share


Sports Committee Report on 5K / 7K Step Challenge


The Fit India Movement is a movement to take the nation on a path of fitness and wellness. It provides a unique and exciting opportunity to work towards a healthier India. As part of the movement, individuals and organisations undertake various efforts for their own health and well-being as well as for the health and well-being of fellow Indians.

MMCOE has organized **5K / 7K Step Challenge** from 28th September 2021 to 4th October 2021 Under the guidance of Principal Dr.S.M Deshpande and Dr.V.R Deulgaonkar Dean, Student Affairs on above dates.

As a part of this movement we have categorised the Run/Walk challenge in 5000 Steps and 7000 Steps category and all the participants was instructed to use Google Fit ,Strava App or any other tracking app to measure the Run/Walk steps. After the Run/Walk all the participants uploaded the screenshot of setps covered using tracking app on Google form. Total 32 participants participated in the above event and All the participants are awarded with E- certificate after successfully uploading the Image on Google form.

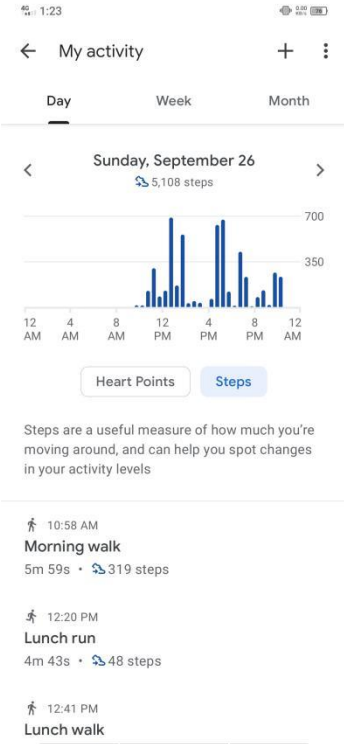
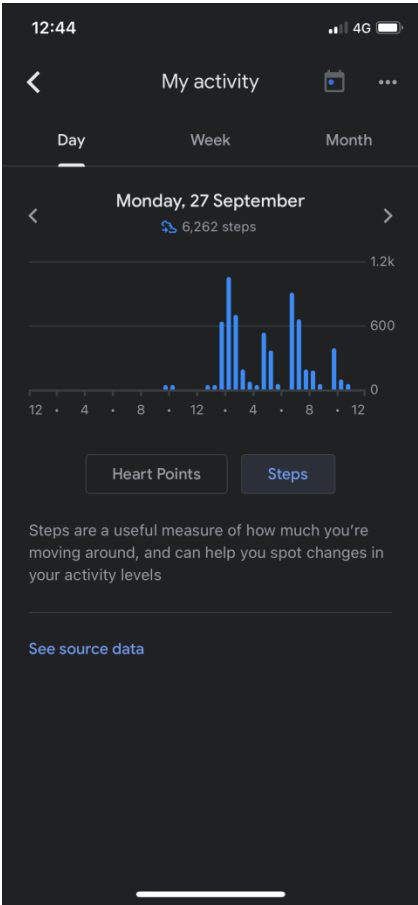

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Director of Phy.Edu


Dr. V.R. Deulgaonkar
Dean, Student Affairs

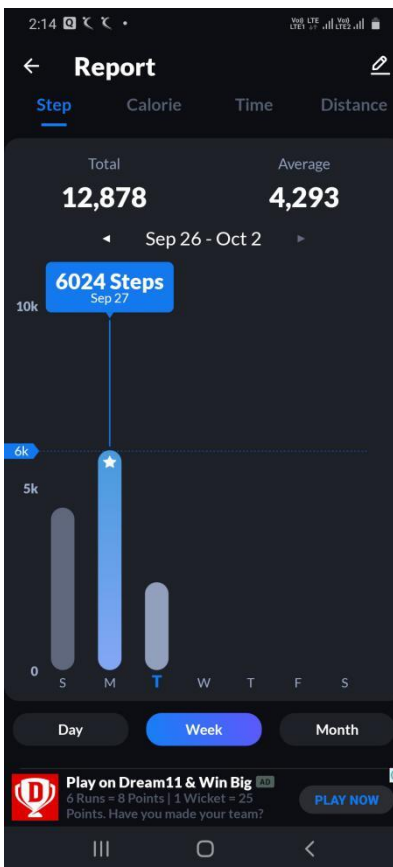
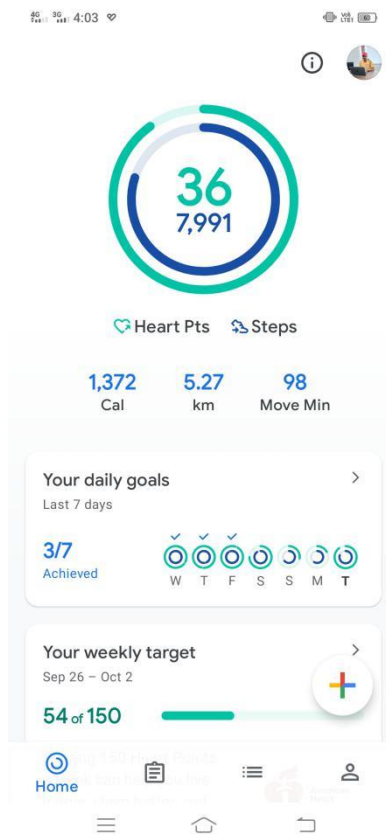

Dr. S.M. Deshpande
Principal



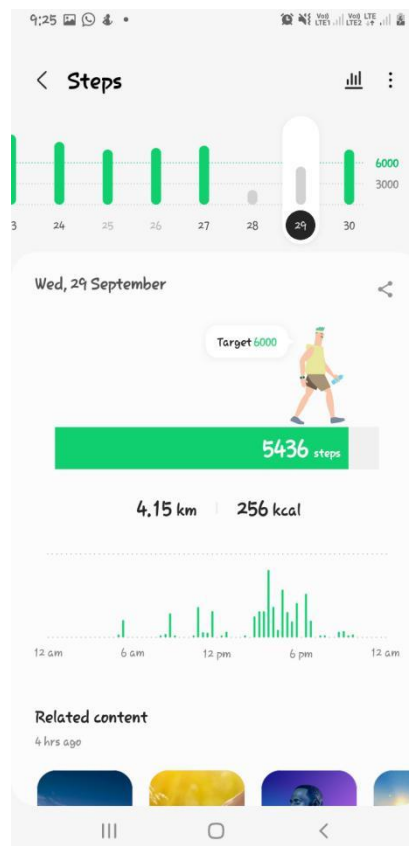
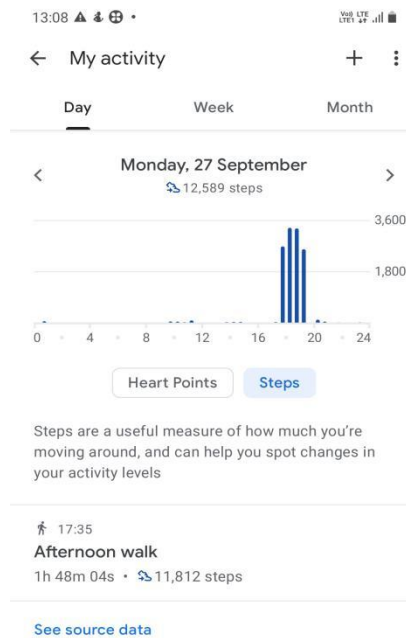
Photographs of 5K / 7K Step Challenge



Photographs of 5K / 7K Step Challenge



Photographs of 5K / 7K Step Challenge





Sports Committee Report on 10K Step Challenge


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MMCOE has organized **10K Step Challenge** from 11th October 2021 to 17th October 2021 Under the guidance of Principal Dr.S.M Deshpande and Dr.V.R Deulgaonkar Dean, Student Affairs on above dates.

As a part of this movement we have categorised the Run/Walk challenge in 10,000 Steps category and all the participants was instructed to use Google Fit ,Strava App or any other tracking app to measure the Run/Walk steps. After the Run/Walk all the participants uploaded the screenshot of setps covered using tracking app on Google form. Total 18 participants participated in the above event and All the participants are awarded with E- certificate after successfully uploading the Image on Google form.

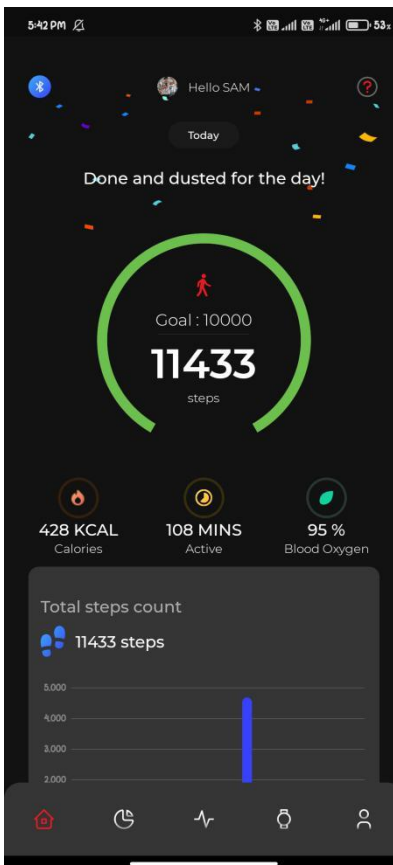
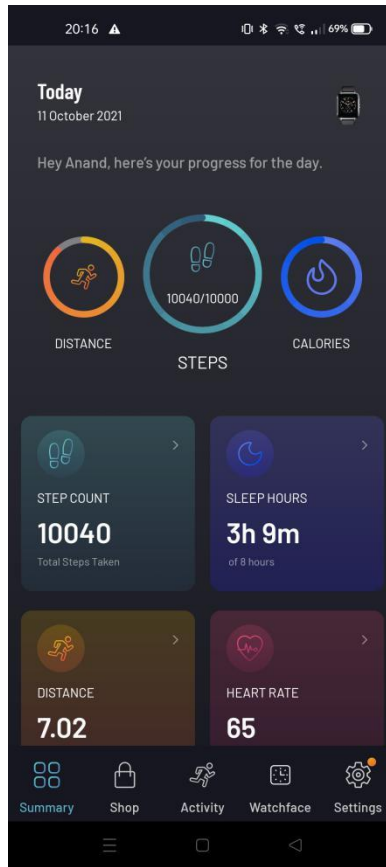

Prof. Tushar Gujar
Director of Phy.Edu


Dr. V.R. Deulgaonkar
Dean, Student Affairs

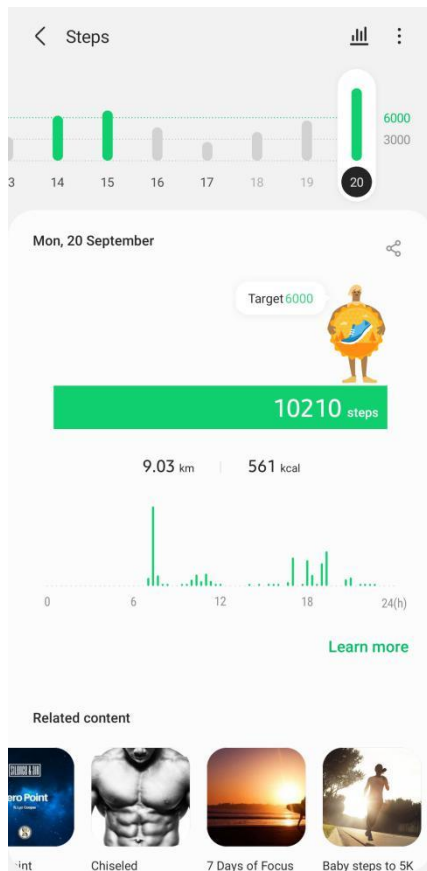
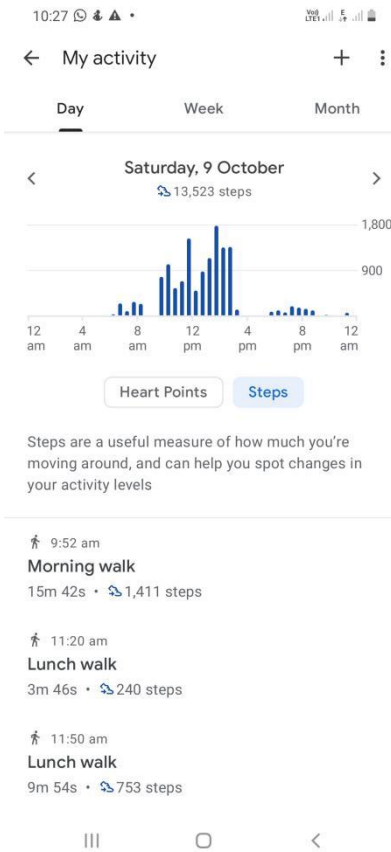

Dr. S.M. Deshpande
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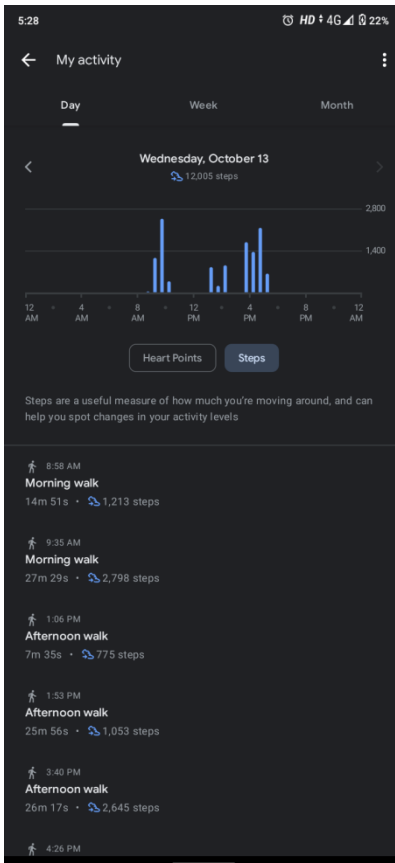
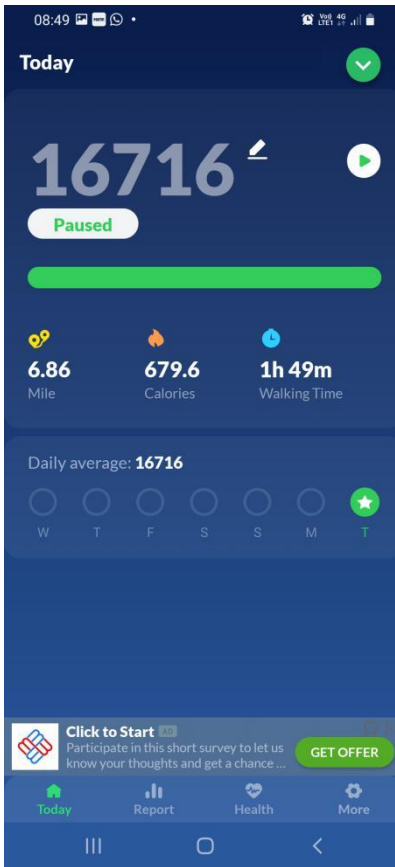
Photographs of 10K Step Challenge



Photographs of 10K Step Challenge



Photographs of 10K Step Challenge



Marathwada Mitra Mandal's

COLLEGE OF ENGINEERING

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Recognized under section 2(f) and 12B of UGC Act 1956

Intercollegiate Participation Details 2021-2022

Sr.No	Event Name	Name of the Player	Year	Department
1	Table Tennis(Men)	NIHAR GADRE	T.E	Mechanical
2	Table Tennis(Men)	WASHIMKAR AAMOD	S.E	Mechanical
3	Table Tennis(Men)	KARKHANIS SOHAM	S.E	E&TC
4	Table Tennis(Men)	KALE CHINMAY	S.E	Computer


Director of Physical Education
Marathwada Mitra Mandal's
College of Engineering,
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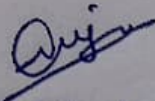
Recipient of "Best College Award 2019" by SPPU

Accredited by NBA (Mechanical Engg. & Electrical Engg.)

Recognized under section 2(f) and 12B of UGC Act 1956

Intercollegiate Participation Details 2021-2022

Sr.No	Event Name	Name of the Player	Year	Department
1	Table Tennis(Women)	PETHE REVA	S.E	I.T
2	Table Tennis(Women)	MAHANGADE NEHA	S.E	I.T
3	Table Tennis(Women)	PATIL BHARGAVI	S.E	I.T


Director of Physical Education
Marathwada Mitra Mandal's
College of Engineering,
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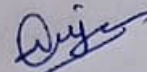
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Recognized under section 2(f) and 12B of UGC Act 1956

Intercollegiate Participation Details 2021-2022

Sr.No	Event Name	Name of the Player	Year	Department
1	Chess(Men)	MAHAJAN SHRIRANG	S.E	Computer
2	Chess(Men)	RATHOD ROHIT VITTHAL	S.E	Computer
3	Chess(Men)	DESAI SHANTANU SHIVAJI	S.E	Computer
4	Chess(Men)	ZIRPE ATHARVA	F.E	Mechanical



Director of Physical Education
Marathwada Mitra Mandal's
College of Engineering,
Karvenagar, Pune-411 052

SAVITRIBAI PHULE PUNE UNIVERSITY

**PUNE CITY ZONE
INTER-COLLEGIATE CHESS (MEN & WOMEN)
COMPETITION 2021-22**

Organised By,
Marathwada Mitra Mandal's
College of Engineering, Pune

